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## [57] ABSTRACT

This invention is directed to a nutrition composition suitable for human use, especially as a dietary supplement for obese and/or diabetic persons. The main composition includes about 5-90% of sugar hydrolyzable to glucose and/or fructose; about 5-90% of glucose and/or fructose; about 0.5-60% of dietary protein; and about 0.5-10% of edible yeast. Optionally one or more B Vitamins are included. Another composition includes glucose and/or fructose, about 60-80%, and dietary protein, about 20-40%, and optionally one or more B Vitamins. Each of the named components in each composition total to 100%.

9 Claims, 1 Drawing Figure